How Islamic Laws manage human survival and reproduction cycle

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2. How Prophets Shaped Societies by Creator's Instructions for better Survival and Human Reproduction?

The creation style of humans is a key point in understanding Islam; the Quran explains the two unique aspects of human creation (a weak body and the power of speech) and their reproduction through a pair. It is understandable how their weak bodies create dependencies on others and their environment (such as wearing clothes, building civilizations, and trading), and how their power of speech helps them learn and share for better survival. As they spread across the earth, they divided into tribes and nations, learned multiple languages, and faced social challenges alongside religious conflicts and divisions.

To address these matters, the Creator sent guidance (revelation) through angels to chosen people (Prophets) in many nations to show them the right path. *These messages and laws were compiled in holy books within different religions, such as Christianity and Judaism. Ultimately, these were culminated in the **last holy book—the Quran**—as the complete guidance for all humanity.*

*| "O mankind, indeed We have created you from male and female and made you peoples and tribes that you may know one another…" **Al-Hujurat (49:13)***

*| "And of His signs is the creation of the heavens and the earth and the diversity of your languages and your colors…" **Ar-Rum (30:22)***

*| "Mankind was [of] one religion [community]. And Allah sent the prophets as bringers of good tidings and warners and sent down with them the Book in truth to judge between the people concerning that in which they differed…" **Al-Baqarah (2:213)***

*| "Indeed, the religion in the sight of Allah is Islam. And those who were given the Book did not differ except after knowledge had come to them — out of jealousy and animosity between themselves……" **Aal-'Imran (3:19)***

Islam teaches humans diversification over divisions. like many branches of a tree

1.1. Primary Education

According to the Quran, all Prophets (from Adam to Muhammad ﷺ) primarily focused on Tawhid (belief in one Creator and the Day of Judgment) for unity and self-accountability. This was intended to avoid divisions and false guidance based on distorted beliefs. Additionally, they educated people on **securing the human reproduction cycle** and **social ethics** based on Divine Guidance with truth and justice.

Faith:

Rather than engaging in debates to prove the existence of the Creator, they taught that **the Creator's presence** remains unseen during this trial, meaning social life is not directly controlled by force or fear. Belief in the one Creator is achieved by observing His signs in nature. Furthermore, the Creator has already placed true belief within human hearts and a sense of good and bad for self-judgment.

| *"Say, 'He is Allah, [who is] One. Allah, the Eternal Refuge. He neither begets nor is born, nor is there to Him any equivalent.'"* ***Al-Ikhlas (112)***

| *"And hold firmly to the rope of Allah all together and do not become divided…"* ***Aal-e-Imran (3:103)***

| "*By the soul and the One who formed it, and inspired it with its wrongdoing and its righteousness, successful indeed is the one who purifies it."* **Ash-Shams (91:7–9)**

| *"Indeed, Allah does not forgive Shirk (associates with Allah),…"* ***An-Nisa (4:116)***

| *"O you who believe! Avoid much assumptions. Indeed, some assumptions are sin…."* ***Al-Hujurat (49:12)***

| *"And do not pursue that of which you have no knowledge…."* ***Al-Isra (17:36)***

| *"And if all the trees on the earth were pens and the sea were ink, with seven more seas added to it, the words of Allah would not be exhausted. Indeed, Allah is All-Mighty, All Wise."* ***Al-Luqman (31:27)***

| "Indeed, within the heavens and earth are signs for the believers. And in your own creation, and whatever living beings He dispersed, are signs for people of sure faith." ***Al-Jathiya (45:3–4)***

| "And they ask you concerning the Spirit (ar-Rūḥ). Say: The Spirit is of the affair of my Lord. And mankind has not been given of knowledge except a little." ***Al-Isra 17:85***

They made people aware of the truth by inviting them to observe the signs in nature for right guidance. In doing so, some Prophets migrated with their followers to save their faith and lives, establishing just social systems and protecting the innocent from injustice.

After Prophet Muhammad ﷺ, his followers looked to the Holy Quran as the main source of guidance in Islam for resolving social challenges.

Let us study how the Prophets followed the Creator's instructions, both individually and socially:

Prophet Muhammad ﷺ: *"Whoever guarantees me what is between his jaws (kind & true use of tongue) and what is between his legs (lawful use of private parts), I guarantee him Paradise."* ***Sahih al-Bukhari, Book of Riqaq, Hadith 6474***

1.2. Two Factors for the Human Reproduction Cycle:

Since ***human newborns require long-term care****, Prophets emphasized the importance of family for the protection and development of new generations. To reduce the risk of children being left without support, they guided people toward:*

1. Family Factor

- *Lawful sexual relationships (marriage) and lawful breakups (divorce) through simple means to ensure a stable reproduction system and the protection of family rights for generational safety.*
- *Family is a supportive environment that promotes the physical, emotional, and mental development of children.*
- *Guidance for Genders interactions in a family systems. Clear definition of* ***roles and responsibilities within the family****, including biologically based roles and duties.*

| "Do not approach unlawful sexual intercourse." — ***Al-Isrāʾ (17:32****)*

| "Men are protectors and maintainers of women, because Allah has given one more strength than the other, and because they support them from their wealth." ***Surah An-Nisā' (4:34)***

| "Tell the believing men to lower their gaze and guard their private parts. That is purer for them. Indeed, Allah is All-Aware of what they do. And tell the believing women to lower their gaze and guard their private parts and not to display their adornment except what normally appears of it, and to draw their headcovers over their chests, and not to display their adornment except to their husbands, their fathers, their husbands' fathers, their sons, their husbands' sons, their brothers, their brothers' sons, their sisters' sons, their women, those their right hands possess, or those male attendants having no physical desire, or children who are not yet aware of women's private aspects. And let them not stamp their feet to make known what they conceal of their adornment. And turn to Allah in repentance, all of you, O believers, that you might succeed." ***An-Nur (24:30-31)***

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2. Social Factor

To maintain social order and protect individual dignity and mental well-being, the Prophets regulated public behavior by:

- *Adjusting dress standards by limiting **body shape exposure and revealing clothing** to reduce unwanted sexual attractions, encouraging **modest clothing (hijab/parda)** for females to protect their identity and promote privacy in public spaces.*

| *"O children of Adam! We have sent down to you clothing to conceal your private parts and as adornment. But the clothing of righteousness—that is best. That is from the signs of Allah, so that they may remember." **Al-A'raf (7:26)***

- *Restricting homosexual acts to safeguard reproduction cycles. For example, we know how the People of Lot (Qaum-e-Loot) were punished for this act.*
- *Discouraging inappropriate or shameless speech and behavior in public spaces, which could trigger others minds toward wrongdoings.*
- *Promoting respectful gender interaction to ensure a balanced and safe society, by providing a **clear definition of roles and responsibilities, including biologically based roles and duties**.*

An example of how gender duties function naturally:

Biology shapes human roles: if a five-year-old boy and girl stand near a 3kg stone, society instinctively expects the boy to lift it based on physical design. This childhood division grows into distinct adult experiences. For instance, a man working in a field gains practical problem-solving skills that assist him in leadership, while women are shielded from such tasks to perform duties aligned with their biology. Forcing identical duties ignores these natural differences, leading to long-term social imbalance, as human desires cannot override biological reality. Therefore, both men and women are responsible for duties according to their biological nature.

1.3. How Freedom is an Individual Responsibility:

| *"You are the best nation produced for mankind: you enjoin what is right, forbid what is wrong, and believe in Allah."- **Āl-'Imrān 3:110***

In Islam, every human is a role model for others; their good and bad actions influence those around them.
Life on earth is a designed test (a trial before eternal life) for everyone to record their choices and efforts. It is about **how everyone learns the truth, practices it, and shares it with others**, whether they are **Muslims or non-Muslims**.

So everyone, who did good or bad to others, can be judged in the afterlife for punish and reward. Identical lifes, death, memories and afterlife effects on others are the clear sign for the Day of Judgment.

For Example: If a person lives with wrong beliefs and follows false guidance, even if they are not truly satisfied internally, they may continue practicing and teaching it. In doing so, they create a chain of false beliefs among family and friends. If they do not correct themselves, that chain may continue after their death, and they remain a cause of many wrong actions, based on distorted belief.

That is why in Islam, associating others with the One Creator (shirk) is the greatest sin, as it creates divisions, spreads false guidance, and misleads others.

| *"*Indeed, Allah does not forgive associating partners with Him (**shirk**), but He forgives what is less than that for whom He wills…" - ***An-Nisa (4:48)***
| *"*O you who believe! Fear Allah as He should be feared, and do not die except as Muslims." - ***Aal-Imran (3:102)***

| *"Righteousness is not that you turn your faces toward the east or the west, but true righteousness is in one who believes in Allah, the Last Day, the angels, the Book, and the prophets; who gives wealth 'despite loving it' to relatives, orphans, the needy, the traveler, those who ask, and for freeing slaves; who establishes prayer and gives zakāh (charity); who keeps their promises when they make them; and those who are patient in hardship, suffering, and during battle. Those are the ones who are truthful, and it is they who are the righteous." — **Al-Baqarah 2:177***

| "Indeed, Allah orders justice and good conduct [kindness]…..**" - An-Nahl 16:90**

1.4. Social Ethics & Laws:

Regarding communication ethics, all humans are born with empty minds and learn throughout their lives. Making mistakes is part of learning; therefore, speaking the truth with kindness is the purest way to guide others. Kindness is a superpower.

"He who is deprived of kindness is deprived of all goodness." ***Sahih Muslim, Kitab al-Birr wa al-Silah, Hadith 2592***

Additionally, harmful activities and intoxicants were prohibited. Islam safeguards life, dignity, health and wealth, by educating people and punishing wrongdoing with truth and justice.

| "Satan only wants to sow enmity and hatred among you through intoxicants and gambling and to prevent you from the remembrance of Allah and prayer. Will you then desist?" — ***Al-Mā'idah 5:91***

1.5. Financial Laws:

As financial activities are a major part of social life, Islam restricts unjust or untraceable activities (such as interest and fraud) and transactions that create conflict (such as gambling) to ensure social peace. It promotes charity for poverty reduction and teaches economic ethics.

| "Do not consume one another's wealth unjustly…" — ***Al-Baqarah 2:188***

| "Satan only wants to sow enmity and hatred among you through intoxicants and gambling and to prevent you from the remembrance of Allah and prayer. Will you then desist?" — ***Al-Mā'idah 5:91***

ABOUT ISLAM

1. How the Five Pillars of Islam Forms the Individual's & Social Life?

Alongside social laws, the Last Prophet Muhammad ﷺ established a just society based on five pillars to regulate individual and social routines for a stable society.

1. **Declaration (Shahadah):** "There is no Creator but Allah (for unity), and Muhammad ﷺ is His Messenger" (a role model to follow).
2. **Prayer (Salah):** Five times daily—promotes discipline, mindfulness, and a structured daily routine.
3. **Fasting (Sawm):** Fasting in Ramadan builds self-control, disciplined thoughts, and moral reflection.
4. **Charity (Zakat):** A mandatory annual contribution of 2.5% on surplus wealth, intended to reduce poverty and strengthen social solidarity.
5. **Pilgrimage (Hajj):** Every Muslim is responsible for performing Hajj once in their life (if capable). It encourages unity and equality among humanity.

The Ka'ba in Islam *is a symbol of direction and unity; it is not an object of worship.*

What is the True Meaning of Worship as Taught Through the Quran?

All Prophets taught that the true meaning of worship is purifying thoughts, souls, and actions by praising the One Creator for everything with patience and gratitude, while seeking forgiveness for one's own mistakes with humility.

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2. Books in Islam

2.1. Quran

The Quran (the book of truth for humanity) is the primary book of Islam, providing right guidance and basic laws for society. It has been perfectly preserved for over 1,400 years through memorization and oral transmission. The Quran itself secures its message from alteration through repeated and similar verses.

| *"Indeed, it is We who sent down the Qur'an, and indeed, We will be its Guardian."* ***Al-Hijr (15:9 2).***

2.2. Hadith Books

Hadith books were compiled by scholars regarding Prophet Muhammad's ﷺ life, in accordance with the Quranic command to follow Prophet's example. These serve as secondary guidance that explains how teachings were practiced in real life.

| *"Indeed, in the Messenger of Allah you have an excellent example for whoever has hope in Allah and the Last Day and remembers Allah often."* ***Al-Ahzab (33:21)***

Prophet Muhammad ﷺ himself commanded thier followers to use the Quran's wording to invite people toward the truth.

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3. Sectors in Islam (Like Shia, Sunni)

After Prophet Muhammad's ﷺ lifetime, differences in jurisprudence and methodology contributed to the formation of different schools of thought, leading to diversification in Islam.

Sects in Islam are not divided but diversified (like the branches of a tree), as they remain connected to the main root—the Holy Quran.

Islam does not accept the following activities:

In Islam, any practice that contradicts pure monotheism and the guidance of the Quran and the Prophet's ﷺ teachings is not approved, regardless of the community engaging in it, such as:

- *Shirk (associations with Creator, Create Divisions in the name of Creator)*
- *New Prophets after Prophet Muhammad ﷺ (it threats Quran's message and causes confusions)*
- *Bid'ah (Religious innovations)*
- *Superstition and fortune-telling*
- *Seeking help via dead, angels, saints, spirits, or graves instead of asking Allah directly.*
- *Harming people unjustly—any act that injures a human being's life, dignity, wealth, safety, or mental well-being without truth and justice.*

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4. Why Islam Faced Resistance from other religions

Various groups resisted Islam for their own reasons:

- ***The People of the Book*** *(Jews & Christians) — out of jealousy and pride.*
- ***The Mushriks*** *(polytheists, idolaters)—out of fear of losing control and business based on division.*
- ***The Atheists****—out of denial or a misunderstanding of reality.*

Quranic Reminders for Everyone:

| *"Say, 'O My servants who have transgressed against themselves, do not despair of the mercy of Allah. Indeed, Allah forgives all sins. Indeed, it is He who is the Forgiving, the Merciful.'"* ***— Az-Zumar 39:53***

| *"Indeed, those who believed, and those who were Jews, and the Christians, and the Sabians—whoever believes in Allah and the Last Day and does righteous deeds—shall have their reward with their Lord. No fear will there be concerning them, nor will they grieve."* ***Al-Baqarah (2:62)***

| *"Indeed, the religion in the sight of Allah is Islam. And those who were given the Book did not differ except after knowledge had come to them — out of jealousy and animosity between themselves……"* ***Aal-'Imran (3:19)***

| *"That was a nation which has passed away. It will have what it earned, and you will have what you have earned. And you will not be asked about what they used to do." —* ***Al-Baqarah 2:134***

| *"Except for those who repent, believe, and do righteous deeds — for them Allah will replace their bad deeds with good deeds. And Allah is ever Forgiving, Merciful."* ***— Al-Furqan 25:70***

3. Why Human Creation is Important to Understanding Islam

Unless we understand the creation of humans, we cannot understand the purpose of life or the right way to live it.
Let's explore this through the **Holy Quran**, which describes two key points of human design for better understanding.

According to the Quran (4:28), humans were created in a **physically weak** body, in pairs. However, they were also given the **power of speech** for communication and survival compared to other creatures.

Example: *Animals do not need clothes, shoes, or cooked food for survival, but humans do. Additionally, human babies require care for a longer period to grow.*

- *| "We have certainly created man in the best form; Then We return him to the lowest of the low."* ***At-Tin (95:4–5)***
- *| "He created man, [and] taught him speech."* ***Ar-Rahman (55:3–4)***
- *| "Allah wants to lighten for you [your difficulties]; and mankind was created weak."* ***An-Nisa (4:28)***
- *| "And We created you in pairs."* ***An-Naba (78:8)***
- *| "O mankind, fear your Lord, who created you from one soul and created from it its mate and dispersed from both of them many men and women. And fear Allah,…."* ***An-Nisa (4:1)***
- *| "He who created death and life to test you as to which of you is best in deed—and He is the Exalted in Might, the Forgiving."* ***Al-Mulk (67:2)***

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2. How does this creation style make life a test?

Humans cannot survive solely like animals; their **weak bodies** play a major role in this. Humans live complex lifestyles and are dependent on each other; they build civilizations and tools (clothes, homes, trade) to **survive**. Their **power of speech** makes survival easier and allows for advancement across generations. These facts show that human design is not randomly evolved but intentionally designed to test them, so their actions can be recorded for judgment.

| *“And indeed, over you are keepers, Noble and recording, They know whatever you do.”* ***Al-Infitar (82:10–12)***

| *“You will surely be tested in your wealth and yourselves…”* ***Al-Imran (3:186)***

| “He who created death and life to test you as to which of you is best in deed—and He is the Exalted in Might, the Forgiving.” ***Al-Mulk (67:2)***

Every other creature on earth has a body suited to its environment without extra essentials, but humans are unique in this regard.

Things to note:

This is why Islam does not accept Darwin’s theory of evolution. If humans evolved only through natural processes, why would they become physically weaker (making survival more complex) while simultaneously developing advanced abilities like speech? Furthermore, if creatures only learn by sensing, who taught humans things like wearing clothes and cooking, which are not found in other animals?

- | *“He is the One who sent among the unlettered a Messenger from themselves, reciting His verses, purifying them, and teaching them…”* ***Al-Jumu’ah (62:2)***
- | “*And Allah has made for you from that which He has created shadows and has made for you from the mountains, places of refuge, and* ***has made for you garments which protect you from the heat*** *and garments which protect you in battle. Thus does He complete His favor upon you that you might submit.”* ***An-Nahl (16:81)***